

## Conference Program



# Evidence-Based Primary Pain Care

## A New Opioid Guideline from Washington State

June 12, 2015 • 8 am–5 pm

Bell Harbor International Conference Center, Bay Auditorium  
2211 Alaskan Way, Seattle WA 98121



**AMDG** agency medical directors' group

A collaboration of state agencies, working together to  
improve health care quality for Washington State citizens.

Conference produced by L&I as part of the AMDG.



Washington State Department of  
**Labor & Industries**

## Conference Overview

Designed for primary-care physicians and clinicians, the conference will feature the new 2015 Agency Medical Directors' Group's (AMDG's) *Interagency Guideline on Prescribing Opioids for Pain*. Hear the latest

information on the opioid epidemic, and participate in panel discussions about clinic-friendly practices for safe and effective pain management.

Time	Topic	Lead
8:00	<b>Welcome</b>	Gary Franklin, MD, MPH Kathy Lofy, MD David Tauben, MD
8:15	<b>The Opioid Epidemic: Overview and a Look to the Future</b> The role of state and federal government and emerging federal policy	Chris Jones, PharmD, MPH
9:00	<b>What is the Evidence on the Safety and Effectiveness of Opioids?</b> How is dose related to morbidity and mortality? Defining dependence and addiction.	Jane Ballantyne, MD
9:30	<b>Highlights of the 2015 AMDG Interagency Guideline on Prescribing Opioids for Pain</b> Will be available in June at <a href="http://www.AgencyMedDirectors.wa.gov">www.AgencyMedDirectors.wa.gov</a>	David Tauben, MD
10:00	Break	
10:15	<b>Non-opioid Treatment Options and Preventing Ineffective Chronic Opioid Analgesic Therapy</b>	Andrew Friedman, MD
10:45	<b>Prescription Monitoring Program in Washington State</b>	Chris Baumgartner, BS
11:15	<b>Opioid Use in Patients with Mental Health and Substance Use Comorbidities</b>	Mark Sullivan, MD, PhD
11:45	<b>Weaning Off Opioids and Initiating Treatment for Opioid Use Disorder</b>	Andy Saxon, MD Charissa Fotinos, MD
12:15	Lunch	
1:00	<b>Panel: Lessons from the Front Line – Caring for Chronic Pain Patients in the Primary Care Setting</b> <ul style="list-style-type: none"> <li>How the guideline is used in managing chronic pain patients</li> <li>How to integrate the PMP into your practice, and triggers for checking the PMP (e.g. new patient, red flags)</li> <li>How to communicate with your patients who have aberrant behaviors</li> </ul>	<i>Michael Von Korff, ScD – Moderator</i> Lucinda Grande, MD Paul Williams, MD Patricia Read-Williams, MD Phillip Capp, MD
2:00	<b>Opioids during the Perioperative Period</b>	Greg Terman, MD, PhD
2:30	Break	
2:45	<b>Panel: Opioid Use in Special Populations</b> <ul style="list-style-type: none"> <li>Pregnancy and Neonatal Abstinence Syndrome</li> <li>Pediatrics</li> <li>Older adults</li> <li>Cancer survivors</li> </ul>	<i>Dan Lessler, MD – Moderator</i> Deb Gordon, RN, DNP, FAAN Alyssa Stephenson-Famy, MD Gary Walco, PhD Pam Davies, ARNP, MS, ACHPN
3:45	<b>Panel: Pain Care Innovations in Health Care Systems</b> <ul style="list-style-type: none"> <li>Group Health</li> <li>Collaborative Care for Pain</li> <li>Everett Clinic</li> <li>VA Pain Care in Patient Aligned Care Team (PACT)</li> </ul>	<i>Gary Franklin, MD, MPH – Moderator</i> Michael Von Korff, ScD Jeanne Sears, PhD, MS, RN, PHN Erica Peavy, MD, CPE Stephen Hunt, MD, MPH
4:45	<b>Closing Remarks</b>	Gary Franklin, MD, MPH David Tauben, MD Kathy Lofy, MD
5:00	Adjourn	

## Speakers

**Jane Ballantyne, MD**, Professor (retired), Dept of Anesthesiology and Pain Medicine, University of Washington, Seattle

**Chris Baumgartner, BS**, Director Prescription Monitoring Program, Dept of Health, Olympia

**Philip Capp, MD**, Family Medicine, Swedish Medical Center, Seattle

**Pamela Davies, ARNP, MS, ACHPN**, Pain and Palliative Care Nurse Practitioner, Seattle Cancer Care Alliance; Teaching Associate, University of Washington Dept of Medicine, Seattle

**Charissa Fotinos, MD**, Deputy Chief Medical Officer, Medicaid Program, Health Care Authority, Olympia

**Gary Franklin, MD, MPH**, Medical Director, Dept of Labor & Industries; Chair, Washington Agency Medical Directors' Group; Research Professor, Depts of Environmental and Occupational Health Sciences, Neurology, and Health Services, University of Washington, Olympia and Seattle

**Andrew Friedman, MD**, Head of Physical Medicine and Rehabilitation, Virginia Mason Medical Center, Seattle

**Deb Gordon, RN-BC, MS, DNP, ACNS-BC, FAAN**, Clinical Assistant Professor, Dept of Biobehavioral Nursing and Health Systems, University of Washington, Seattle

**Lucinda Grande, MD**, Clinical Instructor, University of Washington Dept of Family Medicine; Pioneer Family Practice, Lacey

**Steve Hunt, MD, MPH**, Clinical Associate Professor, University of Washington Dept of Medicine, Occupational and Environmental Medicine; VA Puget Sound Health Care System, Seattle

**Christopher Jones, PharmD, MPH**, Federal Drug Administration, Washington DC

**Dan Lessler, MD**, Medical Director, Medicaid, Health Care Authority, Olympia

**Kathy Lofy, MD**, State Health Officer, Chief Science Officer, Dept of Health, Olympia

**Erica Peavy, MD, CPE**, Executive Medical Director for Transformation, The Everett Clinic, Everett

**Patricia Read-Williams, MD**, Clinical Assistant Professor, University of Washington Dept of Family Medicine, Seattle

**Andrew Saxon, MD**, Professor, Dept of Psychiatry and Behavioral Sciences, University of Washington; Director, Center of Excellence in Substance Abuse Treatment and Education, Veterans Affairs Puget Health Care System, Seattle

**Jeanne Sears, PhD, MS, RN, PHN**, Research Associate Professor, Dept of Health Services, School of Public Health, University of Washington, Seattle

**Alyssa Stephenson-Famy, MD**, Assistant Professor, Dept of Obstetrics and Gynecology, Division of Maternal-Fetal Medicine, University of Washington, Seattle

**Mark Sullivan, MD, PhD**, Professor, Dept of Psychiatry and Behavioral Sciences and Adjunct Professor of Ethics, Bioethics, and Humanities, University of Washington, Seattle

**David Tauben, MD**, Associate Professor, Depts of Medicine and Anesthesiology and Pain Medicine; Chief, Division of Pain Medicine, University of Washington, Seattle

**Greg Terman, MD, PhD**, Professor, Dept of Anesthesiology and Pain Medicine, University of Washington; REMS Advisory Committee, National Pain Strategy Oversight Committee and National Pain Strategy Population Research Working Group, Seattle

**Michael VonKorff, Sc.D**, Senior Investigator, Group Health Research Institute, Group Health Cooperative, Seattle

**Gary Walco, PhD**, Chief of Pain Medicine, Seattle Children's Hospital, Seattle

**Paul Williams, MD**, Primary Care Physician, Washington Park Direct Care, Centralia, WA

## Speakers' Disclosures

The following conference speakers have had relevant financial relationships and working relationships in the past 12 months:

- Debra Gordon, RN, DNP, FAAN, is on advisory boards for Zogenix, Pazira, and Janssen.
- Lucinda Grande, MD will discuss off-label use of a variety of medications for chronic pain and for opioid withdrawal symptoms.
- Dan Lessler, MD has a relevant financial relationship with Johnson & Johnson, Abbvie, and Pfizer.
- Andrew Saxon, MD is the Editor of Up to Date and will be discussing off-label use of a product and/or an investigational product.
- Alyssa Stephen-Famy, MD will be discussing off-label use of a product and/or an investigational product for pregnant and non-pregnant populations.
- Mark Sullivan, MD, PhD consults for Janssen and develops and disseminates CME on opioids for Opioid REMS program companies.
- David Tauben, MD is a speaker for ER/LA Opioid Analgesics REMS Program Companies.
- Michael Von Korff, ScD performs research on opioids for Pfizer, Inc., Campbell Alliance Pharmacy Consortium.
- Gary Walco, PhD is a Pfizer consultant and will be discussing off-label use of a product and/or an investigational product.

## Planning Committee

Gary Franklin, MD, MPH

Kathy Lofy, MD

Chris Baumgartner, BS

Michael Von Korff, ScD

Mark Sullivan, MD PhD

Simone Javaher, RN, BSN, MPA

Jaymie Mai, PharmD

David Tauben, MD

## Earning Continuing Medical Education Credits

### Learning Objectives

After participating in the full conference, participants will be able to:

1. Understand the scientific evidence behind safe opioid prescribing.
2. Prevent opioid dose escalation that can lead to ineffective pain management, hospitalization and death, by learning how to recognize inappropriate and ineffective dosing.
3. Recognize signs and symptoms of patients who are at high risk for poor outcomes with opioids.
4. Properly monitor patients on chronic opioid analgesic therapy (COAT).
5. Apply effective strategies to evaluate pain in a variety of patient populations and stages of pain, and appropriately determine the best way to manage pain while improving function.
6. Prevent unnecessary chronic opioid use by learning about non-opioid options for effective pain management.

7. Access and use Washington's Prescription Monitoring Program.
8. Apply opioid tapering techniques, when needed.
9. Apply in their practices, the latest information about opioid use, misuse, addiction, and death.
10. Follow state and national recommendations to lessen the epidemic of opioid misuse and abuse.

### 7.5 AMA PRA Category 1 Credits™

The Department of Labor and Industries (L&I) is accredited by the Washington State Medical Association to provide continuing medical education activities for physicians.

L&I designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for up to 7.5 hours of Category 1 CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

## Washington's Agency Medical Directors' Group rolls out its new *2015 Opioid Prescribing Guideline\**—It's about more than the dose!

Only \$50—Register at [eventbright.com](http://eventbright.com)

### Opioid conference

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Seattle WA 98121

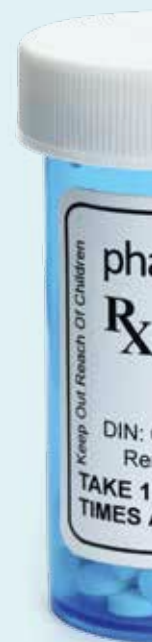
- Breakfast, lunch, and refreshments will be provided.
- Free parking in the garage across the street:  
[www.bellharbor.com/directions.php](http://www.bellharbor.com/directions.php)

### Please print your own materials

Before the conference, registrants will receive the speakers' materials by email. Please print the materials you'd like to have with you at the course. No copies will be available at the conference. You can also follow all of the presentations on your electronic devices.

### Questions?

- Conference or guideline content:  
[Simone.Javaher@Lni.wa.gov](mailto:Simone.Javaher@Lni.wa.gov) or 360-902-4246
- Refunds (available through June 11):  
[Denise.Santoyo@Lni.wa.gov](mailto:Denise.Santoyo@Lni.wa.gov) or 360-902-5024



\*The guideline will be available in June at [www.AgencyMedDirectors.wa.gov](http://www.AgencyMedDirectors.wa.gov).